Age Group Schedule

Ver 3: 19.10.2023

PROGRAM 2

6	7	8	9	10	11	12	13	14	15+	Seniors
Shot Put 2	Long Jump 3	Standing Triple Jump 4	Discus 2	Turbo Jav 2 (Pack Up)	Shot Put 1	Javelin 1	400m	400m	400m	400m
100m	100m	300m	400m	400m	400m	400m	Triple Jump 2	Triple Jump 2	Long Jump 1	Discus 1 (Pack Up)
Long Jump 3 (Pack Up)	Shot Put 2 (Pack Up)	Discus 2 (Pack Up)	Standing Triple Jump 4 (Pack Up)	HighJump 1 (Pack Up)	Long Jump 1 (Pack Up)	TripleJump 2 (Pack Up)	200m	200m	200m	200m
70m	200m	200m	200m	200m	200m	200m	Javelin 1 (Pack Up)	Javelin 1 (Pack Up)	Shot Put 1 (Pack Up)	High Jump 2 (Pack Up)
		700m Walk	700m Walk	1100m Walk	1100m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk	60m
										1500m Walk